
What to expect:

An IET session lasts from forty-five minutes to an hour and a half in length.

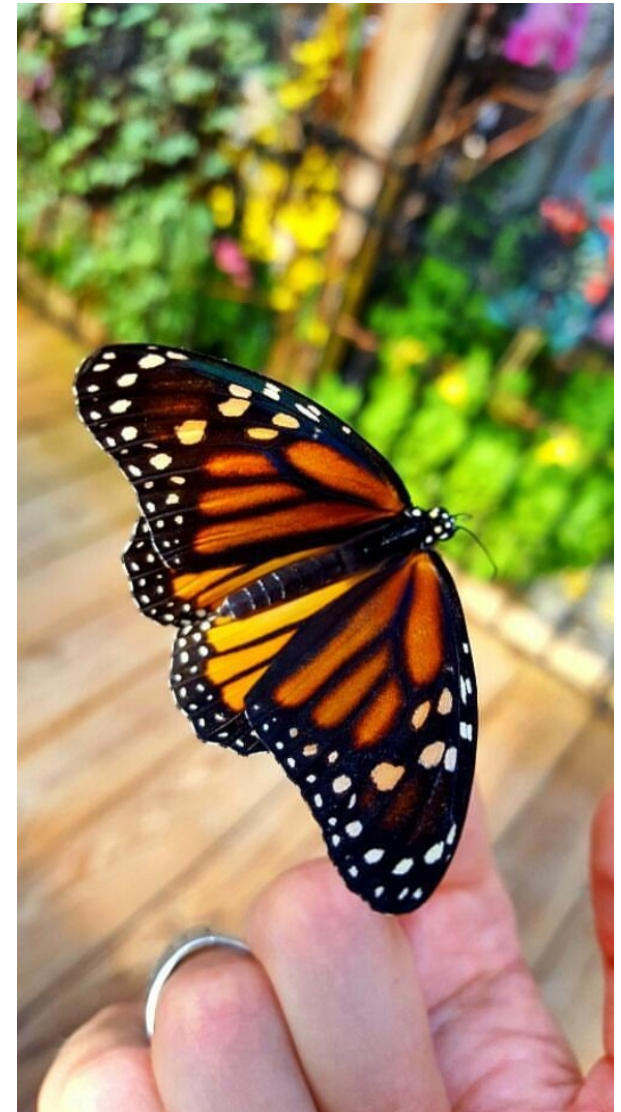
The person receiving relaxes, fully clothed, on a massage table.

Blankets and pillows are provided for comfort and support. The recipient remains comfortably positioned and typically facing up for the entire session.

The area in which the session is offered is arranged to promote a feeling of relaxation and peace. It is normally quiet with only the addition of soft music. The person receiving can focus on themselves, going deep within, taking a break from daily stress and tension.

Once the session is complete, the person receiving is invited to take a few moments to absorb and integrate the work before beginning to sit up. It is common to experience a deep sense of peace and renewal following a treatment. It is not mandatory, but at least an hour of free time is recommended following the appointment to allow for a gradual re-entry into the world. Eating a healthy meal, taking a walk, or sitting quietly are all activities which often serve as a good transition to resuming whatever is planned for the rest of the day.

Integrated Energy Therapy (IET)



Integrated Energy Therapy (IET), developed at the Center of Being, by engineer Stevan J. Thayer, is the next level to heal with energy.

IET uses energy rays to work directly with your 12-Strand Spiritual DNA to “get the issues out of your tissues.”

What does it do?

Integrated Energy Therapy (IET) opens and facilitates the flow of vital life force within the human body and energy field. The IET techniques painlessly awaken and clear core cellular memory which has been suppressed within the body, mind and spirit; assisting the release of old energy patterns and promoting the self healing process.

IET works to detect and support the release of congested energy from the cellular memory of the body and then assists in clearing the associated energy blockage from the human energy field.

As energy blockages which limit health, life purpose, prosperity, sexuality and creativity are cleared, the life force which has become restricted through physical, emotional, mental and spiritual trauma is freed and the body, mind and spirit are rebalanced.

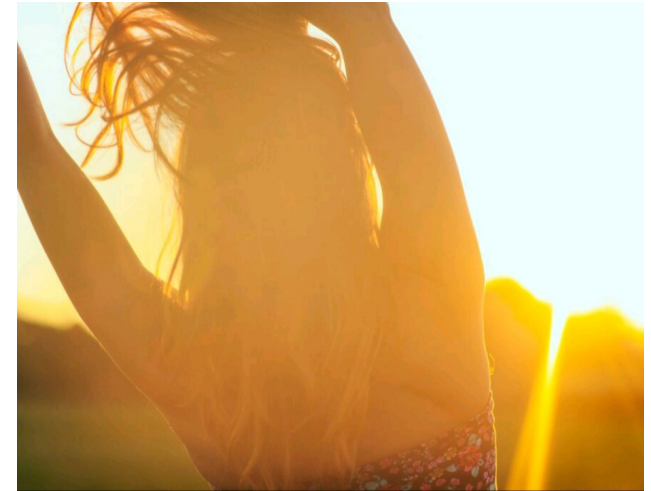
A deeper look ...

This unique method provides gentle and powerful support for anyone seeking relief from the discomfort which blocked energy can create. Some examples of life experience which can lead to blocked energy flow within the body are childhood traumas such as suffering physical or emotional abuse, or growing up in alcoholic or dysfunctional families.

Yet, in this stress-laden culture, it is not necessary to have survived a trauma for our bodies to be burdened with energy stagnation.

Some common causes of energy blockage within the body are:

- Physical injury
- Accidents
- Surgery
- Disease
- Exhaustion
- Emotional crisis
- Suppressed feelings
- Prolonged stress
- Fear
- Self limiting thoughts



How does it work?

The IET techniques are based on a unique cellular memory map in which 9 primary locations are identified as storage areas for suppressed emotion. These locations include the major organ and endocrine systems of the body as well as the chakras.

Using gentle therapeutic, healing energy is directed into these specific areas on the body.

Energy blocks are then released and cleared through the IET techniques and power points located along the spine.

As the blockage associated with the original disturbance is located and cleared, the suppressed charge of energy dissipates and rebalances within the field.

In this way IET provides a simple, gentle and nurturing way to open the flow of vital life force within the human body and energy field.